

Athlone IT

Premier Men

110m Hurdles (wind: m/s)

Place	Num	Athlete	Club	Time
1	508	Eoin Kelly	St Abbans AC	
2	511	David McCarthy	Kildare Athletics	
3	513	PJ Galvin	Kerry Athletics	
4	515	Sean Gill	Raheny Shamrocks	
5	509	Kevin Byrne	Dundrum South Dublin AC	
6	510	Igor Muntean	Galway City Harriers	
7	512	Matthew Molloy	Tullamore Harriers	

3000m Walk

Place	Num	Athlete	Club	Time
1	509	Jerome Caprice	Dundrum South Dublin AC	12.28
2	511	Nathan Murphy	Kildare Athletics	14.45
3	515	Paddy O'Donnell	Raheny Shamrocks	19.11

400m Hurdles

Place	Num	Athlete	Club	Time
1	508	Paul Byrne	St Abbans AC	52.69
2	511	David McCarthy	Kildare Athletics	57.01
3	509	Aengus Maldron	Dundrum South Dublin AC	57.69
4	515	Sean Gill	Raheny Shamrocks	58.04
5	512	Conor Butler	Tullamore Harriers	71.16
6	510	Richard Farnan	Galway City Harriers	72.09

4X100m Relay

Place	Num	Athlete	Club	Time
1	511		Kildare Athletics	44.17
2	512		Tullamore Harriers	44.32
3	508		St Abbans AC	44.94
4	513		Kerry Athletics	45.03
5	514		Sligo Athletics	45.55
6	509		Dundrum South Dublin AC	45.62
7	510		Galway City Harriers	46.20
	515		Raheny Shamrocks	DQ

1500m

Place	Num	Athlete	Club	Time
1	514	Emmett Dunleavy	Sligo Athletics	3.59.31
2	515	Feidhlim Kelly	Raheny Shamrocks	4.02.88
3	509	John Eves	Dundrum South Dublin AC	4.03.55
4	511	Kevin Kelly	Kildare Athletics	4.08.19
5	508	James Moore	St Abbans AC	4.08.56
6	512	Liam Brady	Tullamore Harriers	4.10.54
7	510	John Moroney	Galway City Harriers	4.16.53
8	513	Darragh Browne	Kerry Athletics	4.23.32

250	Robert Corbally (G)	DSD	4.05.22
279	John Fenlon (G)	St Michaels	4.14.65
281	Rory Moloney (G)	West Waterford	4.15.84

400m

Place	Num	Athlete	Club	Time
1	515	Kieran Kelly	Raheny Shamrocks	48.53
2	508	Eoghan Buggy	St Abbans AC	50.43
3	511	Conor Bracken Price	Kildare Athletics	50.66
4	509	Aenus Maldron	Dundrum South Dublin AC	50.82
5	510	Keith Fallon	Galway City Harriers	51.03
6	512	Sean Donegan	Tullamore Harriers	51.27
7	514	Jack Tillion	Sligo Athletics	53.31
8	513		Kerry Athletics	55.05

400m

Place	Num	Athlete	Club	Time
1	261	Andrew Cummins (G)	DSD	51.60
2	272	Zac Higgins (G)	Donore Harriers	56.13
3	270	Conor Fox (G)	Donore Harriers	56.30
4	271	Adam Halpin (G)	Donore Harriers	57.75

3000m S/C

Place	Num	Athlete	Club	Time
1	509	Emmet Jennings	Dundrum South Dublin AC	9.22.10
2	515	Colum O'Leary	Raheny Shamrocks	10.28.68
3	512	Matthew Molloy	Tullamore Harriers	11.14.31
	275	Richard Faulkner (G)	Tullamore Harriers	11.48.61

200m (wind: +1.7m/s)

Place	Num	Athlete	Club	Time
1	515	Jamie Davis	Raheny Shamrocks	22.06
2	512	Dean Power	Tullamore Harriers	22.10
3	508	Paul Byrne	St Abbans AC	22.48
4	509	Brian Masterson	Dundrum South Dublin AC	23.92
5	511	Sam Olo	Kildare Athletics	22.53
6	513	Johnny O'Sullivan	Kerry Athletics	23.30
7	510	Eoghan Dobey	Galway City Harriers	23.73
8	514	Aaron Cadden	Sligo Athletics	23.80

200m (wind: +1.6m/s)

Place	Num	Athlete	Club	Time
1	273	Pat Lynch (G)	Newport	22.76
2	263	Sean Dowling (G)	Raheny Shamrocks	23.69
3	265	Cathal O'Cleirigh (G)	Raheny Shamrocks	24.08
4	264	Paddy O'Donnell (G)	Raheny Shamrocks	24.97

800m

Place	Num	Athlete	Club	Time
-------	-----	---------	------	------

1	508	Brian Kelly	St Abbans AC	1.53.58
2	510	Keith Fallon	Galway City Harriers	1.55.52
3	509	Fionn Cleirigh Buttner	Dundrum South Dublin AC	1.56.44
4	515	Cillian Kirwan	Raheny Shamrocks	1.57.89
5	511	John Fitzsimons	Kildare Athletics	2.04.51
6	513	Conor O'Mahoney	Kerry Athletics	2.12.80
7	512	Conor Butler	Tullamore Harriers	2.20.48

800m

Place	Num	Athlete	Club	Time
1	268	Cormac Kelly (G)	St Abbans AC	1.56.54
2	256	Rick Nally (G)	DSD	1.59.25
3	289	Dylan Kirwan (G)	Raheny Shamrocks	2.08.09
4	281	Rory Maloney (G)	West Waterford	2.09.42

5000m

Place	Num	Athlete	Club	Time
1	509	Alan McCormack	Dundrum South Dublin AC	15.44.04
2	515	Brian Leahy	Raheny Shamrocks	15.54.23
3	512	Adrian Curley	Tullamore Harriers	16.07.21
4	508	Stephen Lawlor	St Abbans AC	16.16.82
5	510	Richard Farnon	Galway City Harriers	17.09.05
6	511	Larry Kelly	Kildare Athletics	17.09.34

100m (wind: +1.6 m/s)

Place	Num	Athlete	Club	Time
1	515	Jamie Davis	Raheny Shamrocks	10.93
2	512	Dean Power	Tullamore Harriers	11.10
3	509	Mark Kavanagh	Dundrum South Dublin AC	11.14
4	510	James Mitchell	Galway City Harriers	11.19
5	508	Barry Regan	St Abbans AC	11.24
6	511	Michael Fasole	Kildare Athletics	11.32
7	513	Jason Foley	Kerry Athletics	11.54
8	514	Aaron Cadden	Sligo Athletics	11.92

100m (wind: +1.6 m/s)

Place	Num	Athlete	Club	Time
1	266			11.03
2	273			11.30
3	283			11.39
4	262			11.85
5	260			12.03

100m Guest (wind: +1.4 m/s)

Place	Num	Athlete	Club	Time
1	285			11.47
2	290			11.49
3	284			11.67
4	286			12.60

4X400m

Place	Num	Athlete	Club	Time
1	508		St Abbans AC	3.21.95
2	515		Raheny Shamrocks	3.25.15
3	509		Dundrum South Dublin AC	3.28.44
4	514		Sligo Athletics	3.37.71
5	510		Galway City Harriers	3.47.32
6	513		Kerry Athletics	3.50.29

Hammer

Place	Num	Athlete	Club	Distance
1	515	Brion Hoban	Raheny Shamrocks	38.39
2	513	Daniel Clifford	Kerry Athletics	37.26
3	510	Brendan Staunton	Galway City Harriers	32.39
4	509	Andrew Kidd	Dundrum South Dublin AC	26.14
5	508	Aidan Kelly	St Abbans AC	22.61
6	512	Jim Dolan	Tullamore Harriers	18.84
7	511	Michael Kenny	Kildare Athletics	17.95
8	514	Dermott McDermott	Sligo Athletics	11.17

Pole Vault

Place	Num	Athlete	Club	Height
1	515	Stuart Greene	Raheny Shamrocks	4.20
2	508	James Delaney	St Abbans AC	3.40
3	509	Kevin Byrne	Dundrum South Dublin AC	2.80
4	510	Cliff Jennings	Galway City Harriers	2.60
5	514	John McDermott	Sligo Athletics	2.20
		Michael Konieczny (G)	Raheny Shamrocks	3.20

Long Jump

Place	Num	Athlete	Club	Distance
1	514	Colm Bourke	Sligo Athletics	6.75
2	508	Eoin Kelly	St Abbans AC	6.57
3	511	Ikenna Ezeugo	Kildare Athletics	6.51
4	515	Ian Graham	Raheny Shamrocks	5.82
5	509	Themba Nkoadi	Dundrum South Dublin AC	5.69
6	513	David O'Neill	Kerry Athletics	5.61
7	510	Henry Griffen	Galway City Harriers	5.19
8	512	Jordan Hoang	Tullamore Harriers	4.93

Shot Putt

Place	Num	Athlete	Club	Distance
1	511	Kieran Stout	Kildare Athletics	13.49
2	513	Alan O'Connor	Kerry Athletics	12.35
3	512	Paddy Thornton	Tullamore Harriers	11.04
4	515	Brion Hoban	Raheny Shamrocks	10.09
5	508	Conor Daly	St Abbans AC	9.82
6	510	Cliff Jennings	Galway City Harriers	9.52
7	509	Mark Conway	Dundrum South Dublin AC	8.06
8	514	Aaron Cadden	Sligo Athletics	6.10

Sean O'Shea (G)	11.34
Alex Conway (G)	10.49
Sean Purcell (G)	9.96
Brendan Staunton (G)	9.86

High Jump

Place	Num	Athlete	Club	Height
1	513	PJ Galvin	Kerry Athletics	1.95
2	510	Igor Muntean	Galway City Harriers	1.80
3	509	Thenba Nkela	Dundrum South Dublin AC	1.80
4	508	Kevin Wilson	St Abbans AC	1.70
5	515	Ian Graham	Raheny Shamrocks	1.65
6	511	Ikenna Ezeugo	Kildare Athletics	1.60
7	512	Andrew Delaney	Tullamore Harriers	1.60
		Kevin Byrne (G)	DSD	1.65

Discus

Place	Num	Athlete	Club	Distance
1	513	Daniel Clifford	Kerry Athletics	41.81
2	510	Mike Conenry	Galway City Harriers	37.30
3	511	Kieran Stout	Kildare Athletics	34.32
4	512	Adrian Curley	Tullamore Harriers	28.00
5	508	Aidan Kelly	St Abbans AC	27.59
6	509	Brian McDermott	Dundrum South Dublin AC	26.23
7	515	Mick Hynes	Raheny Shamrocks	21.99
8	514	Dermot McDermott	Sligo Athletics	15.37

Triple Jump

Place	Num	Athlete	Club	Distance
1	508	Eoin Kelly	St Abbans AC	13.98
2	514	Colm Bourke	Sligo Athletics	13.60
3	512	Jordan Hoang	Tullamore Harriers	12.71
4	511	David McCarthy	Kildare Athletics	12.69
5	515	Feidhlim Kelly	Raheny Shamrocks	11.16
6	510	Henry Griffen	Galway City Harriers	11.13
7	513	David O'Neill	Kerry Athletics	10.65

Javelin

Place	Num	Athlete	Club	Distance
1	509	Brian McDermott	Dundrum South Dublin AC	48.17
2	511	Michael Jordan	Kildare Athletics	41.47
3	515	Michael Konieczny	Raheny Shamrocks	39.47
4	513	Sean O'Shea	Kerry Athletics	36.04
5	508	Aran Murphy	St Abbans AC	33.24
6	510	Brendan Staunton	Galway City Harriers	32.85
7	512	Michael Carroll	Tullamore Harriers	25.45
8	514	John McDermott	Sligo Athletics	20.91

56 lb Weight

Place	Num	Athlete	Club	Distance
1	511	Michael Kenny	Kildare Athletics	6.11
2	513	Sean Purcell	Kerry Athletics	5.35
3	510	Mike Conenry	Galway City Harriers	5.14
4	515	Michael Hynes	Raheny Shamrocks	4.66
5	512	Jim Dolan	Tullamore Harriers	4.44
6	508	Conor Daly	St Abbans AC	4.17
7	509	Andrew Kidd	Dundrum South Dublin AC	3.94
8	514	Jack Tillion	Sligo Athletics	3.42

Premier Women

100m Hurdles (wind: m/s)

Place	Num	Athlete	Club	Time
1	523	Kate Doherty	Dundrum South Dublin AC	
2	528	Kate McGowan	Tir Chonaill AC	
3	526	Niamh Fussey	Athletics Louth	
4	524	Sarah Finnegan	Galway County	
5	525	Maeve Sheehan	Raheny Shamrocks AC	

1500m Walk

Place	Num	Athlete	Club	Time
1	527	Claire Kennedy	Kildare Athletics	7.13
2	524	Maeve Curley	Galway County	7.14
3	523	Sorcha Prenderville	Dundrum South Dublin AC	7.40
4	528	Ciara Crawford	Tir Chonaill AC	9.20
5	526	Helen Cheshire	Athletics Louth	9.54

400m Hurdles

Place	Num	Athlete	Club	Time
1	528	Kelly McGrory	Tir Chonaill AC	64.15
2	526	Annabelle Morris	Athletics Louth	65.00
3	523	Grace O'Rourke	Dundrum South Dublin AC	67.09
4	524	Rachel Finnegan	Galway County	71.29
5	525	Orla Lambe	Raheny Shamrocks AC	NT

4X100m Relay

Place	Num	Athlete	Club	Time
1	527		Kildare Athletics	48.94
2	523		Dundrum South Dublin AC	49.59
3	528		Tir Chonaill AC	49.62
4	525		Raheny Shamrocks AC	50.00
5	524		Galway County	50.28
6	529		Kerry Athletics	51.34
7	526		Athletics Louth	51.87

1500m

Place	Num	Athlete	Club	Time
1	523	Maria McCambridge	Dundrum South Dublin AC	4.23
2	525	Maria O Sullivan	Raheny Shamrocks AC	4.41
3	527	Rachael Smith	Kildare Athletics	4.45
4	524	Caroline Whiriskey	Galway County	4.54
5	526	Mary Leech	Athletics Louth	5.00

400m

Place	Num	Athlete	Club	Time
1	525	Aisling Drumgoole	Raheny Shamrocks AC	58.91
2	529	Clare Heinrich	Kerry Athletics	59.55
3	527	Niamh Field	Kildare Athletics	60.24
4	528	Eva McMullin	Tir Chonaill AC	61.27
5	526	Amy McTeggart	Athletics Louth	61.76
6	523	Sarah Dunne	Dundrum South Dublin AC	62.54
7	524	Aisling Ni Flatharta	Galway County	66.60

400m

Place	Num	Athlete	Club	Time
1	280	Amy O'Donoghue (G)	Emerald	59.05
2	274	Emer Lynch (G)	Newport	60.40
3	282	Ciara Gallgher (G)	Naas	60.72

3000m

Place	Num	Athlete	Club	Time
1	523	Maria Mc Cambridge	Dundrum South Dublin AC	9.38.30
2	525	Maria O'Sullivan	Raheny Shamrocks AC	10.05.88
3	524	Alvy Carragher	Galway County	10.30.19
4	526	Pamela Howard	Athletics Louth	10.42.68
		Fiona Clinton (G)	Dundrum South Dublin AC	10.05.40
		Megan Ryan (G)	Dundrum South Dublin AC	10.25.76

200m (wind: +1.6m/s)

Place	Num	Athlete	Club	Time
1	527	Claire Brady	Kildare Athletics	24.68
2	524	Sinead Tracey	Galway County	25.52
3	528	Kate McGowan	Tir Chonaill AC	26.00
4	523	Sabine Haller	Dundrum South Dublin AC	26.71
5	525	Orla Comerford	Raheny Shamrocks AC	26.95
6	526	Niamh Fussey	Athletics Louth	27.19
7	529	Clara Heinrich	Kerry Athletics	28.40

800m

Place	Num	Athlete	Club	Time
1	525	Iseult O'Donnell	Raheny Shamrocks AC	2.13.31
2	523	Sorcha Humpheries	Dundrum South Dublin AC	2.19.60
3	527	Emily Milner	Kildare Athletics	2.23.04
4	526	Nicola Welsh	Athletics Louth	2.24.11
5	524	Michelle Maher	Galway County	2.28.86
	280	Amy O'Donoghue (G)	Emerald	2.14.19

100m (wind: +1.0 m/s)

Place	Num	Athlete	Club	Time
1	527	Claire Brady	Kildare Athletics	12.18
2	529	Aoife O'Carroll	Kerry Athletics	12.67
3	523	Kate Doherty	Dundrum South Dublin AC	12.67
4	528	Kelly McGrory	Tir Chonaill AC	12.75
5	524	Roisin Doherty	Galway County	12.78
6	525	Orla Comerford	Raheny Shamrocks AC	12.85
7	526	Joy Apke Moses	Athletics Louth	12.95

4X400m

Place	Num	Athlete	Club	Time
1	525		Raheny Shamrocks AC	4.05.15
2	526		Athletics Louth	4.06.63
3	527		Kildare Athletics	4.08.27
4	523		Dundrum South Dublin AC	4.08.92
5	524		Galway County	4.14.90
6	529		Kerry Athletics	4.41.09

Hammer

Place	Num	Athlete	Club	Distance
1	525	Mieke Kiernan	Raheny Shamrocks AC	42.46
2	528	Clara Herron	Tir Chonaill AC	24.30
3	523	Lucy Moore	Dundrum South Dublin AC	22.10
4	527	Pauline Kenny	Kildare Athletics	20.46
5	526	Emily Rogers	Athletics Louth	16.15

Pole Vault

Place	Num	Athlete	Club	Height
1	525	Zoe Browne	Raheny Shamrocks AC	4.40
2	528	Katie Holt	Tir Chonaill AC	2.40
3	527	Caoimhe Bracken Price	Kildare Athletics	1.50

Long Jump

Place	Num	Athlete	Club	Distance
1	527	Vivian Fleischer	Kildare Athletics	5.43
2	528	Kate McGowan	Tir Chonaill AC	5.14
3	523	Sabine Haller	Dundrum South Dublin AC	5.10
4	524	Sinead Tracey	Galway County	5.00
5	526	Joy Apke Moses	Athletics Louth	4.91
6	529	Aoibheann O'Brien	Kerry Athletics	4.68
7	525	Holly Ryan	Raheny Shamrocks AC	3.95

Shot Putt				
Place	Num	Athlete	Club	Distance
1	528	Geraldine Stewart	Tir Chonaill AC	12.59
2	526	Francis Rogers	Athletics Louth	10.08
3	529	Kayleigh Cronin	Kerry Athletics	9.77
4	525	Zoe Browne	Raheny Shamrocks AC	9.76
5	524	Mary Barrett	Galway County	8.67
6	523	Rose Alice Murphy	Dundrum South Dublin AC	8.08
7	527	Laura Quigley	Kildare Athletics	7.68

High Jump				
Place	Num	Athlete	Club	Height
1	526	Emily Rogers	Athletics Louth	1.70
2	523	Grace O'Rourke	Dundrum South Dublin AC	1.60
3	525	Helen Buckley	Raheny Shamrocks AC	1.55
4	524	Orla Ryan	Galway County	1.40
5	528	Kelly McGrory	Tir Chonaill AC	1.40
6	527	Laura Quigley	Kildare Athletics	1.35
7	529	Laura Lynch	Kerry Athletics	1.35

Discus				
Place	Num	Athlete	Club	Distance
1	529	Kayleigh Cronin	Kerry Athletics	41.08
2	523	Rose Alice Murphy	Dundrum South Dublin AC	28.14
3	524	Mary Barrett	Galway County	23.63
4	527	Pauline Kenny	Kildare Athletics	22.89
5	528	Clara Herron	Tir Chonaill AC	21.89
6	526	Francis Rogers	Athletics Louth	20.84
	525	Mieke Kiernan	Raheny Shamrocks AC	NT

Triple Jump				
Place	Num	Athlete	Club	Distance
1	527	Emer McCabe	Kildare Athletics	11.10
2	529	Laura Lynch	Kerry Athletics	10.65
3	528	Emer Brady	Tir Chonaill AC	10.25
4	526	Chloe Finley	Athletics Louth	10.07
5	524	Sarah Finnegan	Galway County	10.00
6	525	Maeve Sheehan	Raheny Shamrocks AC	9.59
7	523	Rachel Dunne	Dundrum South Dublin AC	9.50

Javelin				
Place	Num	Athlete	Club	Distance
1	528	Geraldine Stewart	Tir Chonaill AC	31.77
2	525	Helen Buckley	Raheny Shamrocks AC	29.18
3	526	Amy McTeggart	Athletics Louth	28.48
4	527	Elaine Corrigan	Kildare Athletics	27.77
5	524	Ellen Fitzpatrick	Galway County	23.46
6	529	Clara Heinrich	Kerry Athletics	19.34
7	523	Lucy Moore	Dundrum South Dublin AC	14.89

Division 1 Men

110m Hurdles (wind: m/s) - Pool A

Place	Num	Athlete	Club	Time
1	503	Mark Rogers	Athletics Louth	
2	504	David Courtney	Clare County	

110m Hurdles (wind: m/s) - Pool B

Place	Num	Athlete	Club	Time
1	501	Oisín Fitzpatrick	Nenagh Olympic	

2	506	Ger Cremin	Riocht/GG
3	502	Barry Quigg	Tir Chonaill
4	505	Jack Broderick	Limerick

3000m Walk - Pool A

Place	Num	Athlete	Club	Time
1	503	Scott Dorian	Athletics Louth	19.15

3000m Walk - Pool B

Place	Num	Athlete	Club	Time
1	502	Richard McCarthy	Tir Chonaill	19.11
2	506	John Barrett	Riocht/GG	21.12

400m Hurdles - Pool A

Place	Num	Athlete	Club	Time
1	503	Mark Rogers	Athletics Louth	57.45
2	500	Rolus Osala	Donore Harriers	60.44

400m Hurdles - Pool B

Place	Num	Athlete	Club	Time
1	501	Michael Quilligan	Nenagh Olympic	58.29
2	506	Ger Cremin	Riocht/GG	61.97
3	505	Jack Broderick	Limerick	62.36
4	502	Jack Behan	Tir Chonaill	66.40

4X100m Relay - Pool A

Place	Num	Athlete	Club	Time
1	500		Donore Harriers	45.23
2	504		Clare County	45.67
3	503		Athletics Louth	46.19

4X100m Relay - Pool B

Place	Num	Athlete	Club	Time
1	501		Nenagh Olympic	44.49
2	505		Limerick	47.14
3	502		Tir Chonaill	47.68

1500m - Pool A

Place	Num	Athlete	Club	Time
1	504	Damien Lawless	Clare County	4.15.49
2	500	Emmett O'Brien	Donore Harriers	4.19.97
3	503	Jack Boylan	Athletics Louth	4.23.58
4	507	David Butler	St Finbars	4.57.80

1500m - Pool B

Place	Num	Athlete	Club	Time
1	502	James Speight	Tir Chonaill	4.29.92
2	506	Matthew Collins	Riocht/GG	4.31.79

400m - Pool A

Place	Num	Athlete	Club	Time
1	504	Darragh Lynch	Clare County	50.77
2	507	Liam O'Brien	St Finbars	52.11
3	500	David Campbell	Donore Harriers	53.24
4	503	Garry Campbell	Athletics Louth	54.45

400m - Pool B

Place	Num	Athlete	Club	Time
1	501	Paul White	Nenagh Olympic	49.13
2	506	William O'Connor	Riocht/GG	51.50
3	502	Caolan O'Callaghan	Tir Chonaill	55.11
4	505	Kevin Coleman	Limerick	55.34

3000m S/C - Pool A

Place	Num	Athlete	Club	Time
1	500	Ray Hynes	Donore Harriers	9.12.03
2	504	Sean Collins	Clare County	10.04.17

3000m S/C - Pool B

Place	Num	Athlete	Club	Time
1	501	Killian Cullagh	Nenagh Olympic	10.08.97
2	502	James Speight	Tir Chonaill	10.15.66

3 506 David O'Keefe Riocht/GG 11.01.67

200m (wind: +0.8 m/s) - Pool A

Place	Num	Athlete	Club	Time
1	500	Conor O'Ceallaigh	Donore Harriers	23.35
2	504	Ronan Barry	Clare County	23.39
3	507	Liam O'Brien	St Finbars	23.71
4	503	Shane Cheshire	Athletics Louth	24.10

200m (wind: +0.8 m/s) - Pool B

Place	Num	Athlete	Club	Time
1	501	Paul White	Nenagh Olympic	22.87
2	502	Jack Behan	Tir Chonaill	24.40
3	505	Danny Ikeh	Limerick	24.91

800m - Pool A

Place	Num	Athlete	Club	Time
1	500	John Travers	Donore Harriers	1.51.72
2	503	Darragh Greene	Athletics Louth	1.54.81
3	504	Damien Lawless	Clare County	1.56.58
4	507	Denis Coughlan	St Finbars	1.57.85

800m - Pool B

Place	Num	Athlete	Club	Time
1	501	Tom Hennessey	Nenagh Olympic	2.02.47
2	505	Kevin Coleman	Limerick	2.05.98
3	506	John Paul Breen	Riocht/GG	2.12.47

5000m - Pool A

Place	Num	Athlete	Club	Time
1	504	Kevin Mulcaire	Clare County	15.38.37
2	503	Patrick O'Grady	Athletics Louth	16.17.36
3	507	David Butler	St Finbars	17.55.98

5000m - Pool B

Place	Num	Athlete	Club	Time
1	506	Donal O'Callaghan	Riocht/GG	17.06.57
2	502	Richard McCarthy	Tir Chonaill	17.59.32
	251	Brian Murphy (G)	Ennis TC	16.28.51
	288	James Nolan (G)	St Abbans	17.39.60

100m (wind: +1.6 m/s) - Pool A

Place	Num	Athlete	Club	Time
1	500	Eamon Fahey	Donore Harriers	11.03
2	503	Conor Durnin	Athletics Louth	11.68
3	504	Paici Carmody	Clare County	11.85

100m (wind: +1.9 m/s) - Pool B

Place	Num	Athlete	Club	Time
-------	-----	---------	------	------

1	502	Conal Mahon	Tir Chonaill	11.65
2	501	Dan Finnerty	Nenagh Olympic	11.75
3	506	William O'Connor	Riocht/GG	11.89
4	505	Roland Pika	Limerick	11.95

4X400m - Pool A

Place	Num	Athlete	Club	Time
1	503		Athletics Louth	3.30.82
2	504		Clare County	3.33.09
3	500		Donore Harriers	3.42.12

4X400m - Pool B

Place	Num	Athlete	Club	Time
1	501		Nenagh Olympic	3.30.28
2	502		Tir Chonaill	3.47.46
3	505		Limerick	3.53.29
			St Abbans (G)	3.35.78

Hammer - Pool A

Place	Num	Athlete	Club	Distance
1	500	Eoin Molloy	Donore Harriers	40.19
2	503	Tom McGrane	Athletics Louth	17.72

Hammer - Pool B

Place	Num	Athlete	Club	Distance
1	501	Mark Tierney	Nenagh Olympic	23.74
2	502	Paul O'Gara	Tir Chonaill	19.52
3	506	David O'Keeffe	Riocht/GG	18.11
4	505	Pat Murphy	Limerick	16.41

Pole Vault - Pool A

Place	Num	Athlete	Club	Height
1	504	David Courtney	Clare County	2.40
		503 Mark Rogers	Athletics Louth	NH

Pole Vault - Pool B

Place	Num	Athlete	Club	Time
1	502	Christopher Doherty	Tir Chonaill	4.20
2	501	Dan Finnerty	Nenagh Olympic	3.00

Long Jump - Pool A

Place	Num	Athlete	Club	Distance
1	500	Eamon Fahey	Donore Harriers	6.38
2	503	Conor Durnin	Athletics Louth	6.13
3	504	Jemil Saidii	Clare County	5.28
4	507	David Butler	St Finbars	2.33

Long Jump - Pool B

Place	Num	Athlete	Club	Distance
-------	-----	---------	------	----------

1	501	Darren Prout	Nenagh Olympic	6.33
2	502	Caolan O'Callaghan	Tir Chonaill	5.57
3	505	Roland Pika	Limerick	5.63
4	506	Matthew Collins	Riocht/GG	3.73
		Conor Daly (G)	St Abbans	5.88

Shot Putt - Pool A

Place	Num	Athlete	Club	Distance
1	500	Niall Allen	Donore Harriers	11.72
2	504	Eamon Cleary	Clare County	10.49
3	503	Tom McGrane	Athletics Louth	9.76
4	507	Tony O'Brien	St Finbars	6.52

Shot Putt - Pool B

Place	Num	Athlete	Club	Time
1	501	Peter Ryan	Nenagh Olympic	11.68
2	506	John Barrett	Riocht/GG	7.71
3	502	Christopher Doherty	Tir Chonaill	7.32
4	505	Danny	Limerick	7.13

High Jump - Pool A

Place	Num	Athlete	Club	Height
1	503	Daniel Finley	Athletics Louth	1.65
1	504	Ronan Barry	Clare County	1.65
3	500	Luke Allen	Donore Harriers	1.60

High Jump - Pool B

Place	Num	Athlete	Club	Time
1	502	Barry Quigg	Tir Chonaill	1.85
2	501	Tom Hennessey	Nenagh Olympic	1.70
3	505	Roland Pika	Limerick	1.65
4	506	Ger Cremin	Riocht/GG	1.60

Discus - Pool A

Place	Num	Athlete	Club	Distance
1	504	Eamonn Cleary	Clare County	28.52
2	503	Daniel Finley	Athletics Louth	26.72
3	500	Eoin Molloy	Donore Harriers	20.92
4	507	Tony O'Brien	St Finbars	16.78

Discus - Pool B

Place	Num	Athlete	Club	Time
1	501	Mark Tierney	Nenagh Olympic	23.76
2	502	Barry Quigg	Tir Chonaill	17.43
3	505	Pat Murphy	Limerick	15.91
		Michael Kenny (G)	Kildare	35.71
		Niall Allen (G)	Donore Harriers	34.29
		Brendan Staunton (G)	GCH	33.20

Sean O'Shea (G) Kerry 29.70

Triple Jump - Pool A

Place	Num	Athlete	Club	Distance
1	503	Conor Durnin	Athletics Louth	12.67
2	504	Jemil Saidi	Clare County	12.49
3	500	Rolus Osala	Donore Harriers	12.10

Triple Jump - Pool B

Place	Num	Athlete	Club	Time
1	502	Conal Mahon	Tir Chonaill	13.97
2	505	Niall Counihan	Limerick	13.83
3	501	Darren Prout	Nenagh Olympic	13.22
		Conor Daly	St Abbans	13.5

Javelin - Pool A

Place	Num	Athlete	Club	Distance
1	503	Aaron Finley	Athletics Louth	42.79
2	504	David Courtney	Clare County	41.46

Javelin - Pool B

Place	Num	Athlete	Club	Distance
1	501	Dan Finnerty	Nenagh Olympic	38.23
2	505	Eoin O'Donohue	Limerick	31.56
3	502	Caolan O'Callaghan	Tir Chonaill	14.61
4	506	Matthew Collins	Riocht/GG	8.35

56 lb Weight - Pool A

Place	Num	Athlete	Club	Distance
1	500	Niall Allen	Donore Harriers	6.33
2	503	Brendan Rogers	Athletics Louth	4.41
3	504	Alex Conway	Clare County	2.92

56 lb Weight - Pool B

Place	Num	Athlete	Club	Time
1	501	Peter Ryan	Nenagh Olympic	6.67
2	502	Paul O'Gara	Tir Chonaill	4.78
3	506	John Barrett	Riocht/GG	4.28
4	505	Jack Broderick	Limerick	2.75
		Brendan Staunton (G)	GCH	5.34

Division 1 Women

100m Hurdles (wind: m/s)

Place	Num	Athlete	Club	Time
1	516	Saragh Buggy	St Abbans AC	
2	519	Ruth Larraghy	Le Cheile AC	
3	517	Annette O'Brien	Gneeveguilla AC	
4	521	Cara Todd	Tullamore Harriers	

1500m Walk

Place	Num	Athlete	Club	Time
1	518	Orla Delahunt	Sligo County	7.31
2	520	Ann Gormley	Donore Harriers	9.25
3	521	Liz Cuskelly	Tullamore Harriers	9.30
	517	Catherine King	Gneeveguilla AC	DQ

400m Hurdles

Place	Num	Athlete	Club	Time
1	518	Rianne McHugh	Sligo County	73.00
2	519	Vicky Taylor	Le Cheile AC	74.39
3	521	Anne Marie Molloy	Tullamore Harriers	77.05
4	517	Annette O'Brien	Gneeveguilla AC	85.20

4X100m Relay

Place	Num	Athlete	Club	Time
1	520		Donore Harriers	51.37
2	516		St Abbans AC	52.24
3	517		Gneeveguilla AC	53.16
4	519		Le Cheile AC	55.16
5	518		Sligo County	57.26
6	521		Tullamore Harriers	58.80

1500m

Place	Num	Athlete	Club	Time
1	517	Siobhan Daly	Gneeveguilla AC	4.59
2	516	Marie Griffiths	St Abbans AC	5.17
3	521	Emily Grennan	Tullamore Harriers	5.19
4	520	Florence Curley	Donore Harriers	5.27
5	519	Sinead Leavy	Le Cheile AC	5.33
6	518	Laura Joyce	Sligo County	5.48

400m

Place	Num	Athlete	Club	Time
1	522	Edel Kieran	Shercock AC	60.98
2	519	Vicky Taylor	Le Cheile AC	63.26
3	518	Rianne McHugh	Sligo County	66.09
4	520	Claire O'Connor	Donore Harriers	67.15
5	521	Nita McLoughlin	Tullamore Harriers	73.25
6	517	Catherine Kiely	Gneeveguilla AC	80.02

200m (wind: +1.7 m/s)

Place	Num	Athlete	Club	Time
1	518	Stacey Kerr	Sligo County	26.31
2	516	Katie Brennan	St Abbans AC	26.89
3	522	Edel Kieran	Shercock AC	27.09
4	520	Linda Ngakan	Donore Harriers	28.26
5	517	Elaine Cronin	Gneeveguilla AC	28.74
6	521	Eileen Wrafter	Tullamore Harriers	28.89

7 519 Martina Murphy Le Cheile AC NT

800m

Place	Num	Athlete	Club	Time
1	517	Siobhan Daly	Gneeveguilla AC	2.31.27
2	521	Cara Todd	Tullamore Harriers	2.32.72
3	516	Ailish Brennan	St Abbans AC	2.35.46
4	519	Vicky Kyne	Le Cheile AC	2.41.75
5	518	Laura Joyce	Sligo County	2.46.47
6	520	Niamh Dowling	Donore Harriers	NT

3000m

Place	Num	Athlete	Club	Time
1	517	Ann Marie Costello	Gneeveguilla AC	10.45.39
2	519	Suzanne Quinn	Le Cheile AC	10.54.88
3	516	Marie Griffiths	St Abbans AC	11.21.06
4	521	Niamh O'Connor	Tullamore Harriers	11.49.40
5	520	Aisling Swain	Donore Harriers	12.11.31
6	518	Orla Mulvihill	Sligo County	12.22.31

100m (wind: +2.5 m/s)

Place	Num	Athlete	Club	Time
1	520	Linda Ngakan	Donore Harriers	12.66
2	518	Stacey Kerr	Sligo County	12.88
3	516	Katie Brennan	St Abbans AC	12.93
4	522	Lauren Jones	Shercock AC	13.09
5	517	Amy Cronin	Gneeveguilla AC	13.31
6	521	Ann Marie Molloy	Tullamore Harriers	14.08
7	519	Hannah Clarke	Le Cheile AC	14.98

4X400m

Place	Num	Athlete	Club	Time
1	521		Tullamore Harriers	4.30.21
2	519		Le Cheile AC	4.30.90
3	518		Sligo County	4.45.72
4	520		Donore Harriers	5.10.87

Hammer

Place	Num	Athlete	Club	Distance
1	516	Emma Daly	St Abbans AC	38.71
2	521	Laura Dolan	Tullamore Harriers	35.75
3	520	Clodagh Read	Donore Harriers	33.77
4	517	Shiela O'Donoghue	Gneeveguilla AC	33.48
5	519	Erica Dixon	Le Cheile AC	12.47

Pole Vault

Place	Num	Athlete	Club	Height
1	519	Ruth Larraghy	Le Cheile AC	2.6

Long Jump

Place	Num	Athlete	Club	Distance
1	519	Fiona Hill	Le Cheile AC	5.02
2	516	Saragh Buggy	St Abbans AC	4.89
3	517	Amy Cronin	Gneeveguilla AC	4.55
4	522	Lauren Jones	Shercock AC	4.18
5	520	Ailise Keating	Donore Harriers	3.96
6	521	Ann Marie Molloy	Tullamore Harriers	3.84
7	518	Laura Joyce	Sligo County	3.26
		Emer McCabe (G)	Kildare	5.06

Shot Putt

Place	Num	Athlete	Club	Distance
1	516	Shauna Daly	St Abbans AC	10.28
2	517	Shiela O'Donoghue	Gneeveguilla AC	9.94
3	520	Clodagh Reid	Donore Harriers	7.57
4	518	Rianne McHugh	Sligo County	7.03
5	521	Ailbhe Kenny	Tullamore Harriers	6.08
6	519	Lisa Dixon	Le Cheile AC	5.74

High Jump

Place	Num	Athlete	Club	Height
1	517	Laura Kennelly	Gneeveguilla AC	1.45
2	519	Ruth Larraghy	Le Cheile AC	1.40
3	521	Keelin Guilfoyle	Tullamore Harriers	1.35
		Mary Barrett (G)		1.15

Discus

Place	Num	Athlete	Club	Distance
1	517	Hanna O'Sullivan	Gneeveguilla AC	40.34
2	516	Shauna Daly	St Abbans AC	26.56
3	519	Vicky Kyne	Le Cheile AC	21.53
4	521	Alva Kenny	Tullamore Harriers	19.19
5	520	Anne Gormley	Donore Harriers	14.35

Triple Jump

Place	Num	Athlete	Club	Distance
1	516	Saragh Buggy	St Abbans AC	11.21
2	519	Fiona Hill	Le Cheile AC	10.47
3	521	Cara Todd	Tullamore Harriers	9.09
4	517	Annette O'Brien	Gneeveguilla AC	8.79
5	520	Karen Hughes	Donore Harriers	8.54

Javelin

Place	Num	Athlete	Club	Distance
1	516	Emma Daly	St Abbans AC	30.02
2	521	Laura Dolan	Tullamore Harriers	28.38
3	519	Erica Dixon	Le Cheile AC	28.02
4	517	Hanna O'Sullivan	Gneeveguilla AC	18.47

5	520 Clodagh Read	Donore Harriers	10.71
6	518 Orla Mulvihill	Sligo County	10.10